



The Institute for Vascular Medicine

www.cntradvancedmed.com

www.petersonsurgerycenter.com

Foam Sclerotherapy

Post-op Instructions

You will need to wear your compression stocking and dressing in place for the first 48 hours. This dressing **MUST** stay dry. Please cover your leg with a large plastic bag when showering or take a sponge bath. You should remove the stocking and dressing after 48 hours to shower. If you are under the care of a Wound Specialist, continue to treat your wound as prescribed. Follow-up with your Wound Specialist as directed.

After your dressing is removed, reapply the compression stocking. The compression stocking should be worn while you are awake and taken off when you sleep, for **TWO** months. Remember, the more you wear the stocking, the better results you will see long term.

You may experience some discomfort following the procedure. Ibuprofen (Advil or Motrin) can be taken for discomfort. Avoid taking Aspirin for pain, as it may cause bleeding. If you are having extreme discomfort or bleeding, notify our office immediately.

You should resume your pre-procedure activities, including work, the following day. Continue to keep moving and maintain a normal level of activity. Walking daily is encouraged and will promote healing. Avoid prolong sitting or standing for the first week.

You will need to make a follow-up appointment in one month. Please bring your compression stocking to all appointments.

Feel free to contact our main office if you have any questions.